



Our Lady of Lourdes

Catholic Primary School

THE DIOCESE OF ARUNDEL AND BRIGHTON



School Results

We are so pleased with our results across the school this year. Well done to all the teaching staff, and more importantly well done to all the children for working hard and being successful in their learning! Once verified the school will be able to share these with parents in the Autumn term.

Mindfulness

Mindfulness is when we are thinking about what we are doing right now. Ignoring the past or the future, we just think about the present.

Of course, sometimes, we want or need to reflect positively about the past or become excited about things in the future. Mindfulness is about living for the here and now and enjoying this very moment of our lives!

All the staff team have had training in Mindfulness and strategies to use in their lives when feeling pressured, anxious or dealing with the everyday stresses and strains of modern living and working. We have introduced this practice to all our children in the school to enable them to enjoy their time at school, or anywhere, instead of worrying about something which is out of their control from the past or in the future. They are all responding very positively to this extra work to ensure their wellbeing and feeling safe and secure in school.

Further training sessions are planned for all staff to attend. We are also working with Safety Net to get a date for a parent workshop and the possibility of attending a Mindfulness course at the school. Once dates are set, we will share these with you and hope you take up the offer. We also hope the children have been explaining how they use breathing as a way to root themselves in the present three times a day at school and to use at any time they feel they need it. Research shows that Mindfulness can have a very positive impact on the achievement of children as they learn to focus their attention and minds on the tasks at hand and are not distracted by negative thoughts. We are all learning that thoughts are not facts, to be less judgemental. Negative distractive thoughts pass, just as the clouds in the sky do.

Into the Woods Art Exhibition at the Grange Museum and Art Gallery Oct 2nd - 14th

A few schools in the Deans cluster have come together to celebrate the creativity of their pupils. Our Lady of Lourdes art work will be displayed alongside St Margarets, Longhill and Downsview schools. Every child at Our Lady of Lourdes school will be involved in the art work being displayed at the Grange. The launch event for staff and governors is on Tuesday October 2nd and the exhibition will run through to Sunday October 14th. The art gallery is open to the public every day except the middle Monday, October 8th. I am sure the children will be thrilled to show their family and friends their work, so please do try and pop along. Miss Anscombe

Safeguarding

Safeguarding your children, keeping them happy and safe in school, is our major concern. We recently received an email from Sussex Police asking us to inform you of an incident at another Brighton school. We did message you by text. Unfortunately, our texting system does not allow for detail. Please see over the page regarding our new system shortly coming into use. Although not the best method, it was the only immediate way to inform you at such short notice. We do not mean to alarm but do want all parents and carers to be mindful of the incident and ensure children are accompanied to school. With older children coming into school without adult supervision, we ask they travel in pairs or groups, and where not, all are reminded of stranger danger. This is something the school will always do to ensure we all keep safe.

Please also help us in this by ensuring you sign in at the office if you need to enter the school building, particularly our new Reception children parents/carers or if you may need to use the toilet facilities. Please do not let anyone enter the building as the Reception will do this to ensure high Safeguarding standards. We do this in order to maintain the security of all our children and hope you understand this and thank you for your patience.

Newsletter
Issue 1
Friday
14/09/2018

Forthcoming Dates

PTA Summer Ball
22nd September

Tues 2nd October
Individual photo's

Thursday 6th June
Class Photo's

INSET dates for 2019
15th February 2019
23rd April 2019
3rd June 2019

Autumn Term 2018
3rd September to 19th December 2018

October Half Term
22nd Oct to 2nd Nov
Children back on Nov 5th

Thurs 11th July
Sports Day

Saturday 13th July
Summer Fair

Please see the final page for all the dates you will need this term

Stars of the week

- Yr1- India** —For concentrating so hard with all her learning, being thoughtful and creative with her work and a very helpful member of Year one!
- Yr1- Leo**—For having such a great start to the school year, settling in brilliantly to the school an Yr 1.
- Yr2- Sophia**—For starting off the new school year as an exceptional learner who is very focused and hard-working. You have set a fantastic example for your peers! Well done and keep it up!
- Yr2- Lily-Beau**— For having a terrific growth mindset and applying the learning characters, showing perseverance, an enjoyment for learning and the desire to keep on improving. You have been kind and helpful to others.
- Yr3- Alistair** -For a very positive start to a new school year by being helpful, concentrating really well in class, joining in and working incredibly hard and being a good talking partner.
- Yr3- Daisy** - For her excellent attitude towards school and always working hard, being keen to keep on improving, excellent concentrating skills and being so loving and helpful to everyone around her
- Yr4- Alexandra**— For showing a growth mindset with her work, asking for help, listening to advise and demonstrating enthusiasm for learning.
- Yr4- Molly**— For a conscientious approach to all her schoolwork, focusing on input and trying her best .
- Yr5- Harry** -For efforts in his learning to be a 'have a go hippo' and for being a real 'Cooperation Cheetah', working together with friends and adults in our learning.
- Yr5- Caitlin**— For efforts in her learning to be a 'Perseverance Penguin' and not giving up and for being an 'Imagination Giraffe' using her creativity in her learning.
- Yr6- Niamh**— Well done for working really hard this week on yours Maths work.

After School Clubs

- Mon** - French - Yrs Rec 1, 2 & 3 (starting Mon 17th Sept)
Theatrix Yrs R, 1 & 2 (first session 12th Nov)
- Weds** —Multiskills Yrs 1 & 2 (starting Weds 19th Sept)
- Thurs**— Theatrix Yrs 3,4, 5 & 6 (starting Thurs 8th Nov)
- Fri**— Multisports Yrs 2,3, 4, 5 & 6 (starting Fri 21st Sept)

Governors' Corner

Happy New School Year, everyone!

Governors meet for their first full board meeting of the year on 27th September.

****Reception meet the teacher date amendment****

Please note that due to a clash in schedules Reception meet the teacher session will **NOT** take place on 24th September. It has been rescheduled for Thursday 27th September at 3.30. Many thanks and sorry for the inconvenience.

School Ping Text system

We are hoping to get our new more user friendly texting & emailing system up and running soon. All notifications will go to all parents that are signed up. and will include a new online booking system for the parents evenings and for giving permission for day trips. Please download the School Ping App that was sent out to you. Many Thanks

PTA News

Our Lady of Lourdes Summer Ball

On Saturday 22nd we have our annual Summer Ball at the Grand Hotel, please pop into the school office to pick up a booking form as we currently have tables available. Remember to ask friends, relatives, former families that came to our school, neighbours etc as this is a truly community wide event for all, with the added bonus of raising money to support the development of the school grounds and resources for our children to raise standards and the enjoyment of their education! Also raffles tickets are now on sale from the office.

Fireworks Display

Monday November 5th sees the return of our Autumn Extravaganza with Firework display so save the date - details to follow later this term.

Staff Kitchen

Dear families, the school staff room kitchen units are very old and falling to pieces. With ever dwindling budgets we do not have the money to replace them. Any money we do get will always go directly to benefit the education of the children. We are, therefore asking if anyone has recently, or is planning to change their kitchen units to give the school a thought. If your old kitchen units are still in a very good or reasonable condition we would very gratefully take them off your hands to replace ours. We would also be really grateful if any parents/carers could help us to dismantle and replace existing units. If you are in any way able to help please contact the school with details. Many thanks for any possible help you can give.

2019 INSET DAYS 15th February 2019 — 23rd April 2019 — 3rd June 2019

Dates for Your Diary

Monday 3.30pm 24th September **Meet the Teacher** — Year 1
Tuesday 3.30pm 25th September **Meet the Teacher** — Year 2 and Year 3
Wednesday 3.30pm 26th September **Meet the Teacher** — Year 4 and 6
Thursday 3.30pm 27th September **Meet the Teacher**—Reception
Tuesday 2nd October — **Individual Children's Photos**
Wednesday 3rd October 10am OLOL Church **Year 1 and 5 Mass**
Wednesday 10th October 10am OLOL Church **Year 2, 3 and 4 Mass**
Friday 12th October 2.15pm **Welcome Assembly for Reception Children, New Children and Staff**
Tuesday 16th 3.30 — 6.00pm **Parents Consultation Evenings**
Wednesday 17th October 10am OLOL Church **Reception and Year 6 Mass**
Thursday 18th 4.00 - 7.00pm **Parents Consultation Evenings**
Friday 19th October 9.15am **Harvest Assembly**

Half Term Holiday — Monday 22nd October to Friday 2nd November inclusive

Friday 9th October **Tree of Life Assembly**
Wednesday 14th November 2pm **Open Afternoon for Prospective Parents**
Thursday 15th November 10 — 11am and 7— 8pm **Open Day for Prospective Parents**
Tuesday 27th November **Flu Vaccinations for Reception to Year 5** — further information to follow shortly
Thursday 6th December 1.30pm **Infant Nativity Performance**
Tuesday 11th December 9.30am **Infant Nativity Performance**
Key Stage 2 Advent Reflection dates TBC

End of Autumn Term — Wednesday 19th December

Spring Term begins - Thursday 3rd January 2019

Thursday 6th June - **Class Photos**
Thursday 11th July — **Sports Day (Reception and KS1 morning/KS2 afternoon)**

PTA Dates

Saturday 22nd September — **Summer Ball at The Grand Hotel (See Attachment)**
Wednesday 26th September 6pm **PTA AGM** at the school
Friday 12th October - **Quiz Night**
Monday 5th November — **Fireworks Display**
Saturday 1st December — **Christmas Fair**
Saturday 6th July — **Woodingdean Carnival**
Saturday 13th July — **Summer Fair**

Allergies

Please remember that we have a number of children at the school with allergies. Please do not send in any food that contain nuts. Please also be aware that we have children with an egg allergy that is airborne. We do ask that you please ensure that children do not bring boiled eggs, egg and mayo sandwiches or anything containing this type of whole cooked eggs into school. Cakes and all types of food that have egg mixed and cooked into the food product are ok but we will keep you informed. We cannot thank you enough for helping us remain an inclusive school and ensure all children can attend.

****Please see Attachments****

Together In Sport
Our Lady of Lourdes,
Rudyard Kipling,
Saltdean,
St.Margarets and
Woodingdean Schools.



Dear Parent/Guardian,

September 2018.

Re: Year 1 and 2 Multi-skill sports club.

I am writing to inform you of an opportunity for your child to take part in this club. This is part of the Deans Sports Partnership that your child's school is involved with. Children will take part in a variety of activities including ball skills, sports challenges and athletic activities.

All sessions take place at the school your child attends in the school hall on the dates below – your child's class teacher will ensure children will be taken to the hall so you do not need to collect your child until the club ends from the school hall at 4.15pm.

There will be a charge of £25 per child. Children should wear their school PE kit for sessions.

The day that your child will be attending the sessions will be starting on WEDNESDAY 19th SEPTEMBER and weekly thereafter on the same day and the sessions finish on WEDNESDAY 5th DECEMBER.

Sessions will take place between 3.10-4.00pm in the school hall.

Please assume your child has a space. In the very unlikely event, the club is oversubscribed a ballot will take place to determine spaces, if your child is unsuccessful in securing a space any payment made will be returned to you. You will only be contacted if your child does not have a space.

YOUR CHILDS CLASS TEACHER WILL BE GIVEN THE NAMES OF ALL CHILDREN ATTENDING BEFORE THE FIRST SESSION.

Yours sincerely,

Mr D.Hambrook

Child's Name

School OLOL

Emergency contact number _____

I am applying for my son/daughter to take part in the change4life sports club. I enclose cash or cheque for £25 payable to 'Woodingdean Primary School'.

Medical information _____

Signed _____ Printed _____ Parent/Guardian

RETURN TO YOUR SCHOOL OFFICE AS SOON AS POSSIBLE WITH FULL PAYMENT

THE PARTNERSHIP IS BASED AT WOODINGDEAN PRIMARY SCHOOL
Warren Road, Woodingdean, Brighton, BN2 6BB
Headteacher: Mr J Whitfield/Deputy Headteacher: Ms J Fish
Deans Sports Partnership Manager: Mr D Hambrook
Web: www.woodingdeanprimaryschool.co.uk Email: dsp@woodingdean.brighton-hove.sch.uk
Telephone: 01273 680811 Fax: 01273 607359

Together In Sport
Our Lady of Lourdes,
Rudyard Kipling,
Saltdean,
St.Margarets and
Woodingdean Schools.



Dear Parent/Guardian,

September 2018.

Re; Multisport Club for Years 2, 3, 4, 5 and 6.

I am writing to inform you of an opportunity for your child to take part in a multisport club, this is part of the Deans Sports Partnership programme that your child's school is involved with.

The club will run at your child's School on a Friday after school and finishes at 4.30pm.

Children will have the opportunity to take part in a variety of different sports during the programme including basketball, football, netball, hockey, tag rugby and other activities including fitness based activities.

The cost of this programme is set out below with payment options. Sessions start on Friday 21st September. Children need to wear appropriate kit, as sessions will take place outside if the weather is good and inside when the light fades/weather is poor.

Dates of sessions – Sep 21, 28, Oct 5, 12, 19, Nov 9, 16, 23, 30 and Dec 7.

Please assume your child has a space – no confirmation will be issued. Children will be taken to the hall at the end of school by class teachers.

Please complete the proforma below and return it to your child's school office as soon as possible.

Yours sincerely,

Mr. D.Hambrook

Child's Name Year School

Contact details (address and telephone number)

Emergency contact number (if different from above)

Any medical conditions

I/We are applying for our son/daughter to take part in the multisport club at Our Lady of Lourdes School on Fridays after school. I undertake responsibility to arrange collection of my child from the school at 4.30pm.

FULL PAYMENT - I enclose cash or cheque for £40 payable to 'WPS'.

TWO STAGE PAYMENT I enclose £22 cash or cheque payable to 'WPS' and understand the remaining payment will need to be made after half-term.

Signed..... Parent/Guardian

Print Name

THE PARTNERSHIP IS BASED AT WOODINGDEAN PRIMARY SCHOOL
Warren Road, Woodingdean, Brighton, BN2 6BB
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The Towers

Traditional values in a modern way

Outstanding education for

Girls aged 4—16

Boys aged 4—11



OPEN EVENING

THURSDAY 20TH September 2018

6pm—8pm

Henfield Road Upper Beeding BN44 3TF Tel: 01903 812185 Email: admin@thetowersschool.org Website: www.thetowersschool.org

