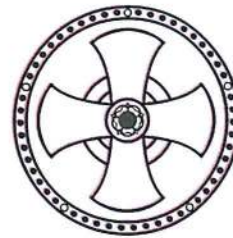




Our Lady of Lourdes

Catholic Primary School

THE DIOCESE OF ARUNDEL AND BRIGHTON



PTA and Friends 'Autumn Extravaganza — Governors' Big Corner

A big 'Thank You' from the Governors to the PTA and Friends of Our Lady of Lourdes and all the staff and parents who helped to make the Fireworks such a great success. This was a great celebration for the whole school and wider community of Rottingdean and the surrounding areas.

Giulia De Rosa, Chair to the Governing Body



**Newsletter
Issue 4
Friday
09/11/2018**

Forthcoming Dates

Autumn Term 2018
3rd September to 19th December 2018

INSET dates for 2019
15th February 2019
23rd April 2019
3rd June 2019

Thursday 6th June 2019
Class Photo's

Thurs 11th July 2019
Sports Day

Saturday 13th July 2019
Summer Fair

Please see the final page for all the dates you will need this term and more!

Children in Need — Friday 16th November

It's coming to that time of year again when we all tune in and cosy up to watch BBC Children in Need. The school fully supports this excellent charity and 'Big Spotaacular'. Being mindful of Poverty Proofing our school, and that we support another local charity at this time of year, we ask that children come into school dressed in their own clothes or dressing up with a spotty theme. We do not ask for any donation and leave it open to our families to make their own private donations through the BBC text numbers or mobile phones on the night.

Parent Workshops

Please see the dates and times below for the Parent Workshops this term. We have already had the Reading workshops for all Year groups and the Reception & Year 1 Phonics/Reading workshop has been rescheduled to Thursday 15th November at 3.30pm.

Writing, Spelling, Punctuation and Grammar Parent Workshops

Monday 19th November 3.30 Y5/Y6 Writing, SPAG and Spelling Parent/Carer Workshop

Tuesday 20th November 3.30 Y3/Y4 Writing/SPAG and Spelling Parent/Carer Workshop

Wednesday 21st November 3.30 Y1 and Y2 Writing/Spelling/SPAG Parent/Carer Workshop

Thursday 22nd November 3.30 Reception Writing Parent/Carer Workshop

Maths Parent Workshops

Monday 3rd December 3.30 Reception Maths Parent/Carer Workshop

Tuesday 4th December 3.30 Y1/2/3 & 4 Parent/Carer Maths Workshop

Thursday 6th December 3.30 Yr 5/6 Parent/Carer Maths Workshop

Governors' Parent Survey

Please see the attached letter to participate in this year's Governors' Parent Survey.

Remembrance Sunday and Armistice Day 100th Anniversary

Miss Anscombe, as she has done every year, will be representing the school at the Rottingdean War Memorial this Sunday for 11am. We are really pleased that some children have already offered to join her, in their school uniform to lay our wreath of poppies to remember those who have fallen. If your child would also like to help Miss Anscombe will be delighted!

Stars of the week

Due to the Tree of Life Assembly stars will be announced next week

After School Clubs

Mon - French - Yrs Rec 1, 2 & 3 (starting Mon 17th Sept)

Theatrix Yrs R, 1 & 2 (first session 12th Nov)

Weds —Multiskills Yrs 1 & 2 (starting Weds 19th Sept)

Thurs— Theatrix Yrs 3,4, 5 & 6 (starting Thurs 8th Nov)

Fri— Multisports Yrs 2,3, 4, 5 & 6 (starting Fri 21st Sept)

PTA/Friends of OLOL News

Christmas Fair Meeting —please, please, come along to help the PTA/Friends organise the very forthcoming Christmas Fair. A meeting is being held at the White Horse, Rottingdean at 6pm on Wednesday 15th November. It would be great if as many parents/carers could come along and help out as possible! The time you can donate to prepare for the Fair, or help on the day, could be as little as one hour to as much as you like. Please also look out for further details on when and where to donate goods for the stalls eg chocolates, bottles, teddies etc.

Lateness

Just a gentle reminder that the school day officially starts at 8.50am. At this time, children should have taken off their coats and be sitting at their desks ready to start the school day — not arriving at school. We always strive to have the school gates and door open at 8.40am for children to go directly to their classroom and prepare for the day. There are a number of activities for the children to do. From 8.50am children are working on responding to their marking comments from their teachers. There are also intervention groups set up to help children make even further progress. We cannot stress how important it is that your child arrives in time to start the school day. They will feel composed and ready for the day, not anxious, stressed or embarrassed. Thank you for your continued help with this.

Christmas Choir — Years 3 to 6

The Christmas choir with Victoria has restarted on Monday the 5th of November 3.30 to 4.15 at the Church Hall. The children will be singing in the Christmas Vigil and at two local nursing homes. New recruits are always welcome!

Music at Our Lady of Lourdes

The learning to play a musical instrument is a very special skill and adds to the overall learning a child can have. We strongly encourage you to support your children to take up a musical instrument. We are very fortunate to have Brighton and Hove Music Service teachers that visit our school to teach a number of musical instrument lessons — notably, violin, keyboard, guitar and singing. We have also had Cello players in the past. If your child is interested in learning an instrument please get in contact with the school office. Currently we have spaces in violin sessions and all instruments taught.

Money into office or to PTA in named envelope

Please ensure that monies handed into the office for the school, PTA or Governors is placed in a named envelope. This will help the office be able to track who has paid in what to whom! The office staff are always busy as well as constantly handling sums of money throughout the day. It will help them immensely if you could label money appropriately. This will ensure that your money is not lost or apportioned to the wrong account. Many thanks for your helping the office with this.

Mobile Phones

Can we please remind all parents, carers, families and visitors to the school that we do operate a very strict mobile phone use policy. We ask that people do not use their phones at all in the school entrance foyer or anywhere in the school building — use within the school can only ever happen with prior permission or from the school where there is a good reason.

Mobile phones have become an everyday part of life for us all — calendar, diary, personal organiser etc. In order to control the use of mobile phones, particularly their risks to safeguarding by photos being taken or recordings being made, we ask that information is inputted outside the main entrance doors under the entrance shelter. Make a mental note or jot a meeting time down on paper to input or check a date outside the building. Many thanks for enabling us to maintain a safe environment for our children to grow and learn.

****Please see Dates for your diary on the following page****

2019 INSET DAYS 15th February 2019 — 23rd April 2019 — 3rd June 2019

Parking

Please be mindful and legal when parking. There are still serious issues with parking on Hoggs Platt, outside the school and the High Street. Poor parking puts children's and other pedestrian's lives at risk and causes problems for the free-flow of traffic and other road or lane users. Again, many thanks to all of you who do park mindfully, it is very much appreciated.

Dates for Your Diary

Friday 9th November 9.15am **Tree of Life Assembly**

Wednesday 14th November 2pm **Open Afternoon for Prospective Parents**

Thursday 15th November 10 — 11am and 7— 8pm **Open Day for Prospective Parents**

Monday 19th November 3.30 **Y5/Y6 Writing, SPAG and Spelling Parent/Carer Workshop**

Tuesday 20th November 3.30 **Y3/Y4 Writing/SPAG and Spelling Parent/Carer Workshop**

Wednesday 21st November 3.30 **Y1 and Y2 Writing/Spelling/SPAG Parent/Carer Workshop**

Thursday 22nd November 3.30 **Reception Writing Parent/Carer Workshop**

Tuesday 27th November **Flu Vaccinations for Reception to Year 5**

Monday 3rd December 3.30 **Reception Maths Parent/Carer Workshop**

Tuesday 4th December 3.30 **Y1/2/3 & 4 Parent/Carer Maths Workshop**

Thursday 6th December 3.30 **Yr 5/6 Parent/Carer Maths Workshop**

Wednesday 5th December 1.30 **Infant Nativity Performance**

Thursday 6th December 9.30pm **Infant Nativity Performance**

Tuesday 11th December **Christmas Lunch**

Thursday 13th December 1.30 **Junior Advent Reflection**

Friday 14th December 9.30 **Junior Advent Reflection**

End of Autumn Term — Wednesday 19th December

Spring Term begins - Thursday 3rd January 2019

Thursday 6th June - **Class Photos**

Thursday 11th July — **Sports Day (Reception and KS1 morning/KS2 afternoon)**

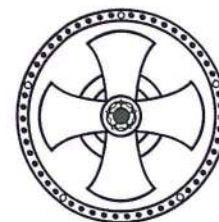
PTA Dates

Saturday 1st December — **Christmas Fair**

Saturday 6th July — **Woodingdean Carnival**

Saturday 13th July — **Summer Fair**

****Please see Attachments****



GOVERNORS' PARENT SURVEY – AUTUMN 2018

Dear Parents and Carers,

We hope you have all settled well into the new Autumn term. It was really good to see so many of you at Parents' Evening when you dropped by "Governors' Corner" for tea and biscuits while waiting to speak with your child's class teacher. Also, those who could attend our PTA Firework 'Autumn Extravaganza'. It was an amazing event in which the whole school community were present – a real celebration of all that is great about our community school!

It is again that time of year when we want to share as well as hear from you. Much has happened:

- We are again pleased with the SATS key stage 2 results which reflect how the school team are embedding the new interventions into the school, and show pupils' individual strides in progress compared with where they stood at year 2.
- Teachers are continuing with programmes and strategies such as *Read Write Inc* Phonics, Project X guided reading resources and 'Talk for Writing' strategies which are having a noticeable impact on writing and literacy skills across the school. Furthermore, our physical structures continue to be dramatically renewed, with our resurfaced playgrounds, refurbished classrooms and library - and soon to be officially opened wild life trail and outdoor learning area at the top of the school site.

In keeping with this continual development, we re-drafted our school Mission Statement after much discussion and activity across the school to have everyone involved. A much more effective, visual and simpler statement that directs us all, in what we do.

Parent Workshops in Phonics, Reading, Writing, Spelling and Maths are being delivered over this half term to ensure we have true partnerships working between families and the school to enable all our children to have more opportunities to make even more progress.

As part of our partnership with parents, the Governors want to hear your views on the school, on all matters, great and small. We hope to hear your thoughts on interactions, too – such as governor communication and the parent council.

The survey is anonymous and all points of view are welcome.

Please fill out the on-line survey at <https://www.esurveycreator.com/s/306d55b> or kindly return a hard copy to the Governor's Letterbox by 19th November 2018.

Thank you very much for your continued support.

Paul Beverton

Headteacher

Tel (01273) 306980 Fax (01273) 308809 Email admin@lourdes.brighton-hove.sch.uk

Head Teacher: Paul Beverton

Safety Net in Schools

Spring Term 2019

FREE support services



Service	What's available?	How to book
Feeling Good, Feeling Safe whole school approach	Training sessions for school staff to support them in implementing the approach	contact Terri Fletcher Terri.Fletcher@safety-net.org.uk
SNAP individual and small group work support for vulnerable children aged 8 - 14	6 sessions of individual or group work support to build resilience using the Protective Behaviours programme	Identify 3 children for 1:1 work of up to 6 children for group work. Return completed referral forms to: schools@safety-net.org.uk
Activities Programme	A holiday and after school programme for children who have completed our SNAP programme.	The child and family will be contacted to let them know what is available.
Safety Rocks whole class workshops, this term's theme Online Safety	Feeling Fine Online a half day (morning) or full day which includes: <ul style="list-style-type: none"> • 2 hour parents session • KS2 pupils - assembly or whole class 	Contact us for more details and to book one of the half day sessions. Parent sessions can be booked per cluster if one school hosts. Book now for Spring Term
Playground Buddies	Training and support for your playground buddies to start or maintain your scheme	Identify a support person in school and contact us to arrange a training date
Safety Rocks newsletter Spring Term focus online safety	Termly newsletter on a range of safety and well-being issues to help parents and carers have greater safety knowledge and awareness	Let us know if you need more hard copies of the newsletter or an online version. Why not get parents or children to submit an article? Send it to us by January 30th 2019

All services are free at point of delivery to schools in Brighton & Hove.
Places are limited so please book early. Email schools@safety-net.org.uk

Helping children to feel and be safer

For further details and forms please contact us at schools@safety-net.org.uk. Tel: 01273 411613.

★ Online safety page



★ Managing screen time

Device use and screen time can often be a tense topic for parents, and the cause of many arguments. However, technology companies are providing more and more ways to help parents tackle the issue via the devices themselves. To help you and your children adopt a safe and healthy approach to using devices and the internet, we have compiled a list of useful apps and suggested ground rules....

Apps that can help: ★ **Moment Family** (iOS only) – monitors and sets device usage limits. ★ **AppDetox** (Android only) – monitors and sets individual app usage limits. ★ **Forest** (iOS & Android) – promotes concentration & productivity away from phones.

Ground rules: Apps can help to enforce device usage limits, but ground rules need to be discussed by the whole family so that everyone can agree to a fair usage plan. This could include:

- ★ **Device curfews**, such as 8pm/bedtime.
- ★ **Phone-free meal times**.
- ★ Using **real alarm clocks**, so children don't need devices in their rooms at night.
- ★ **Leading by example!** Actively reduce your screen time when around your children, so that you can dedicate your concentration to more family time.
- ★ Having **regular family discussions** about technology and appropriate phone use to show your interest, so that children are more willing to involve you in their online world.

★ Stop, Speak, Support: Cyberbullying

In Anti-Bullying Week 2017, the Royal Foundation Taskforce on the Prevention of Cyberbullying, set up by the Duke of Cambridge, launched a campaign with young people called 'Stop, Speak, Support'. It included a code of conduct for young people, a series of animations and supporting resources to try and positively change children's behaviour online. The Anti-Bullying Alliance is now taking the campaign forward as part of Anti-Bullying Week. Find out more at www.stopspeaksupport.com.

★ **Odd Socks Day** You can also show your support for Anti-Bullying Week by wearing odd socks on Monday 12th November!



★ Fortnite: a correction

In the last edition, we incorrectly said Fortnite is a game for primary-aged children. We'd like to make clear that in fact the game has a rating of 12. Not-for-profit organisation Internet Matters – who are supported by the UK's most prominent internet industry players and leading child online safety experts – has released a statement regarding the rating of Fortnite: *'In the UK, the Video Standards Council rate Fortnite as PEGI 12 for frequent scenes of mild violence. iTunes rates the game only suitable for children 12+ for Frequent/Intense Cartoon or Fantasy Violence and Infrequent/Mild Medical/Treatment Information. Parents know their children better than any rating body and can use this information to make an informed decision.'* If you want to find out more about what the game involves and the online dangers, here is an informative YouTube video: <https://bit.ly/2C4qknr> or read this advice page: <https://bit.ly/2K8N9ay>. From www.internetmatters.org

★ **We would love to hear from you!** If you have a question, suggestion or article, please email us at newsletter@safety-net.org.uk. For an online edition, visit safety-net.org.uk or brightonandhove.lscb.org.uk

★ When children fall out with friends - a guide for parents/carers

We all know that when children fall out with their friends it can affect them very badly and spill out to the parents of the children involved. So how do you handle a falling out between friends?

Here is a 10 stage plan to help you cope...



- ★ 1. **Ask the question**, "Tell me what happened?"
- ★ 2. **Let your child offload** without reacting. Listen with your full attention and show you are genuinely interested. Keep eye contact and nod, look sad, say things like "I see" but make no judgements.
- ★ 3. **Help them to talk about and name their feelings**. Say things like "You seem really, sad, angry..." (the emotion you are seeing).
- ★ 4. **Repeat this pattern**. "So what happened next"?
- ★ 5. **Give examples** that show it's ok to fall out and other people fall out too. For example share an experience that you had as a child and how you resolved it.
- ★ 6. **Look for solutions**. What do they want to happen? Do they want to make up? Do they need to say sorry? Tell their friend how they feel? Sometimes a cooling off period can also help.
- ★ 7. **Try getting them to see things** from the other's point of view. How do they think their friend saw the argument? What would another friend say?
- ★ 8. **Use films**, TV programmes, films or toys to help them explore the issue.
- ★ 9. **Whenever possible let the children sort the situation out** themselves and don't get involved by falling out with the friends parents which usually makes the situation worse.
- ★ 10. **If you think the situation is bullying** talk to your child's school.

Adapted from NLP4Kids.org

★ Digital friends

For Safer Internet Day 2018, the UK Safer Internet Centre commissioned an online survey of 2000 young people aged 8-17 years. The findings reveal how important technology is to young people's relationships, and how they view the idea of 'friends'. It showed both the positive and negative role that technology can play in young people's relationships and the continuing importance of support from the adults in their lives to help children negotiate the internet.

The most popular platforms for 8 – 17 year olds to chat to their friends are You Tube (41% use), Whats App (32%), Snap Chat (29%) Instagram (27%) and Facebook or Messenger (26%).

