



Our Lady of Lourdes

Catholic Primary School

THE DIOCESE OF ARUNDEL AND BRIGHTON



Newsletter Issue 1 Friday 13/09/19 — see final page for important dates for your diary!

Welcome to the first newsletter of the Autumn term. I do hope that you all had an enjoyable summer break, although it already seems like a distant memory. I would like to give an especially warm welcome to Our Lady of Lourdes parents who are new to our school community, be it with children starting in Reception or coming into other year groups within the school.

As always, we have been impressed with how quickly the children have settled into their new classes, with growth mind-sets, ready to learn. A special mention has to be given to the new Reception class, who have already started their phonics lessons - from day one! Every day is a learning opportunity and we aim to nurture the children into becoming the best that they can be, academically, socially and spiritually.

Over the coming weeks, the children will be learning more about the Beatitudes and our Gospel values. They will have daily Mindful Moments (3x a day) and lessons on growth mind-sets. For those of you new to our school community, Mindfulness is when we are thinking about what we are doing right now. Ignoring the past or the future, we just think about the present.

Of course, sometimes, we want or need to reflect positively about the past or become excited about things in the future. Mindfulness is about living for the here and now and enjoying this very moment of our lives!

All the staff team have had training in Mindfulness and strategies to use in their lives when feeling pressured, anxious or dealing with the everyday stresses and strains of modern living and working. We have introduced this practice to all our children in the school to enable them to enjoy their time at school, or anywhere, instead of worrying about something which is out of their control from the past or in the future. They are all responding very positively to this extra work to ensure their wellbeing and feeling safe and secure in school.

I am excited to be the Acting Head for this Autumn term and look forward to continuing to work in partnership with you.

School Results

We are so pleased with our results across the school this year. Well done to all the teaching staff, and more importantly well done to all the children for working hard and being successful in their learning! Once verified the school will be able to share these with parents in the Autumn term.

Arthur in year 5 has shown real skill and determination to win a local snooker tournament. Here you can see him with the very impressive trophy and certificate he was awarded. Arthur has shown a wonderful growth mind-set practicing and playing regularly to improve his game. Arthur's next challenge is a game against a professional adult player! Good luck Arthur.



Safeguarding

Keeping children safe is one of our main priorities in school. Please help us in this by ensuring you sign in at the office if you need to enter the school building, particularly our new Reception children parents/carers, or if you may need to use the toilet facilities. Please do not let anyone enter the building as the office staff will do this to ensure high Safeguarding standards. We do not permit the use of mobile phones anywhere in the school building, therefore if you need to make a call or text, please step outside. We do this in order to maintain the security of all our children and hope you understand this and thank you for your patience.

Fireworks Display

Monday November 4th sees the return of our Autumn Extravaganza with Firework display, so save the date - details to follow later this term.

Allergies

Please remember that we have a number of children at the school with allergies. Please do not send in any food that contain nuts. Please also be aware that we have children with an egg allergy that is airborne. We do ask that you please ensure that children do not bring boiled eggs, egg and mayo sandwiches or anything containing this type of whole cooked eggs into school. Cakes and all types of food that have egg mixed and cooked into the food product are ok but we will keep you informed. We cannot thank you enough for helping us remain an inclusive school and ensure all children can attend.

Parking / drop off and pick up

Please continue to be mindful of children and other pedestrians in the village! Our neighbours on Olde Palace Mews ask that anyone using this to enter the school must drive slowly and cautiously. There have been a number of incidents and near misses recently where people coming in to the school, staff, parents and those using clubs via the car park have been driving too fast and dangerously. Please ensure you drive slowly, safely and carefully if using this access road! Parents should not be walking up this private road to drop off/pick up their children and should not be parking here. The school does remind parents/carers that they should be parking in the village when collecting their children as there are a number of pressures on the school car park at the end of the day.

Reception Class

Over the summer holidays, the Reception Classroom was treated to a much needed refurbishment. The classroom now proudly displays a suspended ceiling with LED lighting, new carpet tiles, new lino, new storage furniture, a new sink unit and counter top and the original parquet flooring has been sanded down to its original colour and varnished, and the walls painted. The classroom really has been uplifted and looks so much brighter and spacious. The new Reception children are very lucky to have such an amazing learning environment now. Big thanks to Mr Carter and Miss Penfold for helping me to vacate the classroom, ready for the works, to Mr Golding for organising all the contractors and Miss Lacroix and Miss Penfold for helping to put the class back together again!
Miss Anscombe



Stars of the week

- Yr 1– Naomi** - For settling in so well at OLOL and a positive attitude to your work and showing great enthusiasm
- Yr 1– Bethany** - For settling in so well at OLOL and a fantastic approach to your learning and listening skills.
- Yr 2– Matias**— For being a concentration chip, perseverance penguin and have a go hippo!
- Yr 2– Edward**— For starting out the new school year making great choices and having a growth mindset.
- Yr 3– Emily**— For being a concentration chimp all week and making a brilliant start to Year 3
- Yr 3– Harry** — For settling into his new school so quickly and so well.
- Yr 4– Anyikamba** - For demonstrating a positive attitude to developing his learning.
- Yr 4– Johnny** — For coming into a new school year with focus and confidence in. We are very pleased to be
- Yr 5– Joe** - For already setting the bar high with his effort in English and topic and showing a lovely attitude.
- Yr 5– Poppy**—For really throwing herself into her learning in this first week and for being a concentration chimp.
- Yr 6– Lucy** – For a really positive start to Year 6 – showing 100% focus and effort to every task.
- Yr 6– Joshua** - For a really positive start to Year 6, trying your best on every task – a real concentration chimp!

Parent Governor Vacancy

As mentioned in the school newsletter prior to the holidays, a vacancy has arisen for a parent to join our governing body. All parents/carers of a child registered at the school are able to apply. Please check in your child's book bag for further information and the nomination form.

Staff Kitchen Appeal

Dear families, the school staff room kitchen units are very old and falling to pieces. With ever dwindling budgets we do not have the money to replace them. Any money we do get will always go directly to benefit the education of the children. We are, therefore asking if anyone has recently, or is planning to change their kitchen units to give the school a thought. If your old kitchen units are still in a very good or reasonable condition we would very gratefully take them off your hands to replace ours. We would also be really grateful if any parents/carers could help us to dismantle and replace existing units. If you are in any way able to help please contact the school with details. Many thanks for any possible help you can give.

School uniform

The children have all returned to school looking very smart in their new school uniform. Please ensure that all uniform is labelled, so that when it is mislaid, we can return it to its rightful owner.

Fireworks Display

Monday November 4th sees the return of our Autumn Extravaganza with Firework display, so save the date - details to follow later this term.

Aldi Kit for Schools

This term we're collecting Team GB stickers with Aldi's Kit for Schools for the chance to be one of 20 primary schools to win £20,000 to build a health legacy at our school! From 6 September–3 November, when you spend £30 or more in any Aldi store, you'll receive a special Team GB sticker - if our school works together to collect 300 stickers, we will automatically receive an exclusive school sports kit, in addition to entry into the £20,000 prize draw! Please send any stickers you receive into school with your children, or bring them in yourself and pop them in our collection box at the front office, and we will add them to our Aldi's Kit for Schools sticker poster during our Friday assemblies.

After School Clubs

Mon - French - Yrs Rec 1, 2 & 3 - Theatrix Yrs R, 1 & 2

Tue — Taekwondo

Weds — Multiskills Rec-& Yr 1

Thurs Theatrix Yrs 3, 4, 5 & 6

Fri— Multisports Yrs 2, 3, 4, 5 & 6

***2019 INSET DAYS 15th Nov, 3rd April, 1st June & 22nd July ***

Dates for Your Diary

SEPTEMBER

23rd Sept 3.30 Meet the teacher Year 1

23rd Sept 3.30 Meet the teacher Year 4

24th Sept 3.30 Meet the teacher Year 2

25th Sept 3.30 Meet the teacher Year 3

25th Sept 3.30 Meet the teacher Year 5

26th Sept 3.30 Meet the teacher Year 6

26th Sept 3.30 Meet the teacher Year R

OCTOBER

1st October Individual School Photos

22nd Oct 3.30 - 6pm Parents Consultation

24th October 4-7pm Parents Consultation

NOVEMBER

4th November — Fireworks Night

*** PLEASE SEE ATTACHMENTS ***

RELIGIOUS EDUCATION

AUTUMN TERM 2019

COME AND SEE AT HOME

Dear Parent(s)/Carer(s),

This term we will be studying the three themes of Domestic Church (Family), Baptism and Confirmation (Belonging) and Advent and Christmas (Loving). Each class will approach the themes through different topics. The children will also spend a week studying Judaism.

DOMESTIC CHURCH - FAMILY

Early Years	MYSELF - God knows and loves each one
Year 1	FAMILIES - God's love and care for every family
Year 2	BEGINNINGS - God is present in every beginning
Year 3	HOMES - God's vision for every family
Year 4	PEOPLE - The family of God in Scripture
Year 5	OURSELVES - Created in the image and likeness of God
Year 6	LOVING - God who never stops loving

SUGGESTIONS FOR HOME ACTIVITIES

Make a collage using family photographs of all the significant family members—grandparents, parents, children, aunts, uncles etc. who show God's love.

Write underneath it
"We show God's love to one another."

Include those who have died.

JUDAISM

Pupils will study various aspects of Judaism for one week. Ask them what they have been learning about.

BAPTISM AND CONFIRMATION - BELONGING

Early Years	WELCOME - Baptism: a welcome to God's family
Year 1	BELONGING - Baptism: an invitation to belong to God's family
Year 2	SIGNS AND SYMBOLS - Signs and symbols in Baptism
Year 3	PROMISES - Promises made at Baptism
Year 4	CALLED - Confirmation: a call to witness
Year 5	LIFE CHOICES - Marriage, commitment and service
Year 6	VOCATION AND COMMITMENT - The vocation of priesthood and religious life

SUGGESTIONS FOR HOME ACTIVITIES

Talk to someone who has been to a Baptism and/or Confirmation about their memories of this celebration.

ADVENT/CHRISTMAS - LOVING

Early Years	BIRTHDAY - Looking forward to Jesus' birthday
Year 1	WAITING - Advent: a time to look forward to Christmas
Year 2	PREPARATIONS - Advent: preparing to celebrate Christmas
Year 3	VISITORS - waiting for the coming of Jesus
Year 4	GIFT - God's gift of love and friendship in Jesus
Year 5	HOPE - Advent: waiting in the joyful hope for Jesus, the promised one
Year 6	EXPECTATIONS - Jesus born to show God to the world

SUGGESTIONS FOR HOME ACTIVITIES

Discuss with the children how your family welcomes visitors to your home.

Find out about some Christian symbols for Advent e.g. Advent wreath, calendar, Jesse tree.

Use the CAFOD or Missio websites to get a religious Advent calendar.

IMPORTANT DATES THIS TERM

ALL SAINTS

(1 November)

We celebrate the lives of special and ordinary people who have responded to God's invitation to love.

THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS)

(2 November)

Today and throughout the rest of November we pray for those who have died. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

(24 November)

ADVENT

(Begins 1 December)

Advent means 'coming'. We think of the coming of Jesus when he was born but we also think of his promise that he would come again at the end of time. It is a time of waiting and preparing. It is only in the last week of Advent that we focus upon the events to be celebrated at Christmas.

THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY

(8 December)

This feast marks the first stage of the existence of Mary, the mother of Jesus. She was 'full of grace' from the very beginning and co-operated with God throughout her life.

CHRISTMAS DAY, THE NATIVITY OF THE LORD

(25 December)

On this day we begin our celebration of the birth of Christ.



Deans Sports Partnership Manager: Mr D Hambrook
Email: dsp@woodingdean.brighton-hove.sch.uk
Telephone: 01273 680811 Fax: 01273 607359

Dear Parent/Guardian,
Re: Year 1 and 2 Multi-skill sports club.

September 2019.

I am writing to inform you of an opportunity for your child to take part in this club. This is part of the Deans Sports Partnership that your child's school is involved with. Children will take part in a variety of activities including ball skills, sports challenges and athletic activities.

All sessions take place at the school your child attends in the school hall on the dates below – your child's class teacher will ensure children will be taken to the hall so you do not need to collect your child until the club ends from the school hall at 4.00pm.

There will be a charge of £30 per child. Children should wear their school PE kit for sessions.

The day that your child will be attending the sessions will be starting on WEDNESDAY 18TH SEPTEMBER and weekly thereafter on the same day and the sessions finish on WEDNESDAY 11TH DECEMBER.

Sessions will take place between 3.15-4.00pm in the school hall.

Please assume your child has a space. In the very unlikely event, the club is oversubscribed a ballot will take place to determine spaces, if your child is unsuccessful in securing a space any payment made will be returned to you. You will only be contacted if your child does not have a space.

YOUR CHILDS CLASS TEACHER WILL BE GIVEN THE NAMES OF ALL CHILDREN ATTENDING BEFORE THE FIRST SESSION.

Yours sincerely,

Mr D.Hambrook

Child's Name

School OLOL

Emergency contact number _____ Medical Information _____

I am applying for my son/daughter to take part in the change4life sports club. I enclose cash or cheque for £30 payable to 'Woodingdean Primary School'.

Signed _____

Printed _____ Parent/Guardian

RETURN TO YOUR SCHOOL OFFICE AS SOON AS POSSIBLE WITH FULL PAYMENT



Saltdean
Primary School



Our Lady of Lourdes
Catholic Primary School



Rudyard Kipling
Primary School
and Nursery



St. Margaret's
CofE Primary School



Woodingdean
Primary School



Deans Sports Partnership Manager: Mr D Hambrook
Email: dsp@woodingdean.brighton-hove.sch.uk
Telephone: 01273 680811 Fax: 01273 607359

Dear Parent/Guardian,

September 2019.

Re; Multisport Club for Years 2, 3, 4, 5 and 6.

I am writing to inform you of an opportunity for your child to take part in a multisport club, this is part of the Deans Sports Partnership programme that your child's school is involved with.
The club will run at your child's School on a Friday after school and finishes at 4.30pm.

Children will have the opportunity to take part in a variety of different sports during the programme including basketball, football, netball, hockey, tag rugby and other activities including fitness-based activities.

The cost of this programme is set out below with payment options. Sessions start on Friday 20th September. Children need to wear appropriate kit, as sessions will take place outside if the weather is good and inside when the light fades/weather is poor.

Dates of sessions – Sep 20, 27, Oct 4, 11, 18, 25, Nov 8, 22, 19, Dec 6, 13. (no session 15/11 inset day)

Please assume your child has a space – no confirmation will be issued. Children will be taken to the hall at the end of school by class teachers. Please complete the proforma below and return it to your child's school office as soon as possible.

Yours sincerely,

Mr. D.Hambrook

Child's Name

Year

School OLOL

Emergency contact number Any medical issues

I undertake responsibility to arrange collection of my child from the school at 4.30pm.

FULL PAYMENT - I enclose cash or cheque for £40 payable to 'Woodingdean Primary School'.

TWO STAGE PAYMENT I enclose £20 cash or cheque payable to 'Woodingdean Primary School' and understand the remaining payment will need to be made after half-term.

Signed..... Parent/Guardian

Print Name



Saltdean
Primary School



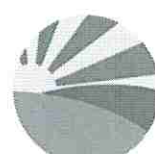
Our Lady of Lourdes
Catholic Primary School




Rudyard Kipling
Primary School
and Nursery



St. Margaret's
CofE Primary School



Woodingdean
Primary School

The graphic features a central white area with the text 'ALDI'S KIT FOR SCHOOLS' in bold blue letters. Surrounding this central area are numerous colorful rectangular stickers, each featuring a different athlete from the Team GB 2016 Rio Olympics. The stickers are arranged in a circular pattern around the central text. Each sticker includes the athlete's name, a photo of them in action, and the text 'HOMETOWN: LONDON BIRTHDAY: 23.04.88'. The athletes shown include Alistair Brownlee, Chris Lane, Marc Spillings, Louis Toulson, Sally Conway, and others. The stickers are in various colors like blue, green, yellow, and red.

ALDI'S KIT FOR SCHOOLS

Collect and win with Aldi's Kit for Schools.

This September, Aldi's Kit for Schools promotion is giving 20 primary schools the chance to win £20,000 to kick start a health legacy for their school. What's more, every school who enters by completing their Aldi's Kit for Schools poster will also receive an exclusive school sports kit!

Taking part

- 1. Collect.** Pick up a Team GB sticker whenever you spend £30 in any Aldi store, and bring the stickers into school to add to our Aldi's Kit for Schools poster.
- 2. Explore.** Throughout this term we will be using each poster's 150 healthy challenges and further resources from Aldi and Team GB's education programme, **Get Set to Eat Fresh**, to create healthy moments in assembly, the classroom and at home.
- 3. Win.** Complete the poster with 300 Team GB stickers to receive a school sports kit and the chance for us to win a cash prize of £20,000 to build a health legacy at our school.

Find out more and get stuck in at
getseteatfresh.co.uk/kitforschools

T&Cs apply.

