

# Our Lady of Lourdes Catholic Primary School

THE DIOCESE OF ARUNDEL AND BRIGHTON

Newsletter Issue 4 Friday 25/10/19 — see final page for important dates for your diary!

Harvest Celebration Assembly

On behalf of the Clocktower Sanctuary, I would like to say a huge thank you for your wonderful generosity in donating tins, packets, dried foods and toiletries for our Harvest appeal. Frances Duncan, the CEO of the Clocktower Sanctuary was overwhelmed by the support given to her project and came in on Friday to personally thank all of the children and their families. She told the children a little more about the people that they have helped. The Clocktower Sanctuary supports young adults aged 16 to 25 who do not have a home of their own. They are provided with hot meals, somewhere to have a shower and laundry facilities. The Sanctuary gives these young people a safe place to meet up with friends and somewhere to turn when they need some help. Your support means the world to them. Thank you once again. I also need to say a special thank you to Mel, one of our Co-chairs of governors, who donated all of the wonderful pumpkins from her local allotment.



Beatitudes

Throughout the school year, in class and in assembly, the children learn about the Beatitudes. This is a guide given to us by Jesus during His Sermon on the Mount. He shows us how to live our lives by making the right choices and trying to live as God asks us to. To love God, as He always loves us, and to love our neighbour. They are not always easy, but we can try. When we make a mistake we can ask for forgiveness and forgive others. As the Beatitudes are not easy to understand the children have written them in their own words to make more sense of them. The children also see how the Beatitudes are the Gospel Values, and in turn, how these are the foundation of the British Values taught in schools. They are Democracy, The Rule of Law, Individual Liberty and Mutual respect for and Tolerance of Others with Different Faiths and Beliefs and for those without Faith. The children learn that we are all different and unique but all deserve respect and love because we are all human!

### Diwali

On Monday, the school celebrated the Hindu festival of Diwali with an assembly. Diwali is this Saturday 26th October and is a festival of light, marking the new year. Tejas, very kindly, brought in a diva lamp from home. This is a very special time of the year for all Hindus. Tejas and his family will be going to a party,

where the story of Rama and Sita will be shared, special food will be eaten (kori gassi chicken with dosas (like pancakes) and mangoes and laddus.





Yummy! Laddus



# Goodbye Mrs Price

After 22 wonderful years, our school community said goodbye to Mrs Price. She has been and always will be, an integral part of our school family. Thank you for all the love which you have shown the children and your commitment to our school. We all wish you a joyful and fulfilling retirement!

## PE Kits and Uniform

Please\_can we remind parent's and carer's that a full PE kit with PE plimsolls' or trainers are to be kept in school. Children are not allowed to wear school shoes for PE. Please make sure every item of clothing is named and this includes all parts of the child's school uniform including coats. Also another reminder to please remove your child's earrings on PE days. Many thanks

Your child was sent home this week with a copy of next term's new school lunch menu. If not received a copy is attached to this newsletter. Please make sure your child is aware of the daily choices.

# Stars of the week

- Yr 1- Elise. M- For using fantastic ball skills during PE as well as having an open mind set to your work.
- Yr 1- Raphael For confidently sharing your ideas and joining in with all our lessons.
- **Yr 2– Evan** For showing great concentration and perseverance in using his phonics to write his story.
- **Year 2 For showing tremendous effort and a brilliant learning attitude through listening and trying their best** in all lessons. You have all worked very hard and should be proud of your learning this week.
- **Year 3** Congratulations for excellent listening skills on this weeks Trip to Volks Railway and Pavilion.
- Year 4 Well done everyone for fantastic behaviour on this weeks Volks Railway and Pavilion Trip.
- Yr 5- Ben For putting in a huge amount of effort to improve his handwriting and presentation in English.
- Yr 5- Christy For showing fantastic attitude towards her learning and asking interesting & thoughtful questions.
- Yr 6- Lola For showing perseverance and enthusiasm in her English learning this week!
- Yr 6- Max For being consistently kind and caring to others; a role model to all of Year 6!

### Governor Corner

My name is Jessica Winter, I have recently been appointed as a Parent Governor. As well as being new to the school, my children Harry in year 3 and Emily in reception are also new to the area. We moved to Saltdean from London in July en masse really, my entire family made the move as well.

When I viewed OLOL, I got a wonderful feel for it.

I'm a Senior Paediatric Nurse and as a working Mum I rely on the support of my family for childcare and to attend to Governor duties.

I was a Parent Governor at my sons previous school and enjoyed the role very much.



It was good to see many of you at the governor cafe at parents' evenings this week. Thank you to all who have completed our parent survey. The online survey will close on 4 November, and we will evaluate the results at our Q&S Committee meeting on 22 November. We will let you know the outcome after that."

https://www.esurveycreator.com/s/d9d125a

### School Uniform Order's

Please note the office will not be able to give out uniform from now on before we take payment. If you are having financial difficulties please speak to the office in confidence.

### 2019-2020 Student Councillors

Reception - Darcy and Aidan

**Y1** - Lawson, Elise D.

Y2 - Erin F, Reuben

**Y3** – Sophia and Rocky

**Y4** - Dylan, Lucia

Y5 - Felix, Kai, Izel, Molly

Y6 - Spencer, Michael and Caitlin

# 2019-2020 Eco Councillors

Reception - Lucca and Emily

Y1 - Beatrix, Tobaisz

Y2 - Maya, Isabella, Leo

Y3 - Alicia and Gus

**Y4** - Stanley, Caitlin

Y5 - Connor and Alexandra

Y6 - Lola and Max

\*\*\* PLEASE SEE DATES FOR YOUR DIARY \*\*\*





# SOS Banner launch SOS Banner launch SOS Banner launch

Many thanks to all the parents and children who turned out yesterday, on a wild, wet and windy afternoon for the launch of our SOS banner. I have to give a special mention to Christy and Izel, who stood out in the rain with me, helping to erect the banner on Steyning Road. It was a tricky job and required lots of patience and resilience. I couldn't have done it without you girls (and Father Benny and Izel's dad). The next time you walk up or down Steyning road, look out for the banner on the wall of Our Lady of Lourdes Church.

Father Benny came to bless the newly remodelled Reception Classroom. The children were very interested in the Holy Water he sprinkled around the rooms. Thank you Father Benny for giving up your time to bless our class and grant us all peace. Miss Anscombe







After School Clubs
Mon - French - Yrs Rec 1, 2 & 3 - Theatrix Yrs 1 & 2
Tue — Taekwondo
Weds — Multiskills Yr 1 & 2
Thurs Theatrix Yrs 3, 4, 5 & 6
Fri— Multisports Yrs , 3, 4, 5 & 6

\*\*\* <u>2019 INSET DAYS</u> 15th Nov \*\*\*

\*\*\* <u>2020 INSET DAYS</u> 3rd April, 1st June & 22nd July \*\*\*

# Dates for Your Diary

# Half Term - 28th October to 1st November

### NOVEMBER

4th November - Fireworks Night

4th November 3.30 — Year's 2,3 & 4 Reading & Writing Workshop

6th November 3.30 - Year 5 & 6 Reading & Writing Workshop

7th November 3.30 — Rec & Year 1 Phonics, Reading & Writing Workshop

8th November - Tree of Life Assembly

11th November 3.30 - Year's 5 & 6 Math Workshop

13th November 3.30 — Year's 3 & 4 Maths Workshop

13th November 2PM - Open day for New 2020 Reception children

14th November 3.30 — Year's 1 & 2 Maths Workshop

14th November 10AM & 7PM — Open day for New 2020 Reception children

29th November — Tree Planting Day

### DECEMBER

7th December — Christmas Fair

11th Dec Christmas Lunch

12th Dec Elf on the 12th — Come to school dressed as an Elf

18th Dec Childrens Christmas Dicsco —KS1 2 - 3pm KS2 3.30 — 4.30

### December Advent Dates

Weds 4th December -1.30 Infant Nativity

Thurs 5th December - 9.30-Infant Nativity

Thurs 12th December -1 .30 KS2 Advent Reflection

Fri 13th December - 9.30 KS2 Advent Reflection

# Please see the important flier from the Primary Child Mental health and Welbeing team about half term support

Are you looking for something to do over half term? Meerkats are waiting to be found in the City centre as part of the Meerkat Discovery Trail. Along the trail you can learn about various places, collect stickers and record what each meerkat is holding for a chance to win great prizes like a micro scooter and theatre tickets! The Jubilee library is also hosting a meerkat exhibition where you can learn more about meerkats and have a go at our quiz to win tickets to Drusillas!

For more information www.brighton-hove.gov.uk/meerkat-trail. Have fun!

\*\*\* PLEASE SEE ATTACHMENTS \*\*\*



# New Menu

Our new menu starts after half term and we are excited to have some of the old favourites back:

Sausage Rolls Jelly and Ice Cream

There are some new dishes available which have been tested with pupils and received some great feedback:





Sweet & Sour Chicken
Roast Gammon
Breast of Chicken in BBQ Sauce

### Quality food, every day...

All schools in the Brighton & Hove school meals contract have meals freshly prepared every day. We use high quality ingredients:

- All fresh meat used is from the UK and meets the Red Tractor Standard.
- Our eggs are free range.
- Fish on our menus is Marine Stewardship Council (MSC-certified sustainable seafood) approved.
- Fresh fruit or organic yoghurt is available as an alternative to dessert every day
- · Homemade bread is available daily.
- Our current menu is accredited by the Soil Association and meets the Silver Food For Life Standard alongside the revised Scientific Advisory Committee on Nutrition recommendations for fibre and sugar.

Don't forget that all children in Reception, Year 1 and Year 2 are entitled to a meal with no charge.

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school funch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Brighton and Hove 2 Choice Menu



		Monday	Tuesday	Wednesday	Thursday	Friday
Week1	Main	Cheese & Tomato Pizza	Sausage Roll with Jacket Wedges.	Roast Chicken, Gravy and Roast Potatoes	Spaghetti Bolognaise	Fishfingers with Tomato Ketchup and Chips
	Vegetarian	5 Bean Chilli with 50:50 rice	Veggie Mince Bolognaise	Lentil & Vegetable Roast and Roast Linda McCartney Sausages with Potatoes	Linda McCartney Sausages with Mashed Potato	Spicy Beanburger with Tomato Ketchup & Chips
04/11, 25/11, 16/12, 20/01, 10/02, 09/03, 30/03	Vegetables	Peas & Carrots	Sweetcorn & Broccoli	Cabbage & Carrots	Sweetcorn and Green Beans	Baked Beans &/or Peas
	Dessert	Chocolate & Beetroot Cake	Wholemeal Peach Crumble with Custard	Yoghurt & Fruit Station	Apple Flapjack	Shortbread & Fruity Friday
Week 2	Main	Macaroni Cheese	Farm Assured Beef Burger in a Bap with Tomato Relish and Oven Baked Potato Wedges	Roast Turkey with Gravy and Roast Sweet & Sour Chicken with 50/50 Potatoes	sweet & Sour Chicken with 50/50 Rice	Breaded Fish Fillet with Tomato Ketchup and Chips
	Vegetarian	Veggie Mince Shepherds Pie	Vegetable Pasta Bake	Quom Fillet with Roast Potatoes & Gravy	Cheese & Tomato Pizza	Veggie Sausage in a Roll with Chips and Homemade Tomato Sauce
11/11, 02/12, 06/01, 27/01, 24/02 16/03	Vegetables	Peas and Carrots	Sweetcorn or colesiaw	Carrots & Cabbage	Broccoli and Sweetcorn	Baked Beans & Peas
	Dessert	Carrot & Courgette Cake	Apple Pie with Custard	Jelly with Ice cream	Cinnamon Cookie	Chocolate Shortbread with Fruity Friday
Week 3	Main	Pork Sausages with Mashed Potato and Gravy	Breast of Chicken served with BBQ. Sauce and 50/50 Rice	Roast Gammon or Chicken and Gravy with Roast Potatoes	Chicken & Vegetable Gravy Pie with New Potatoes	Salmon Fishfingers with Tomato Ketchup and Chips
18/11 04/12 13/01 03/02 02/03	Vegetarian	Lentil & Sweet Potato Curry with 50/50 Rice	Macaroni Cheese	Creamy Vegetable Pie with Roast Potatoes	Quorn Burger in a Bun with Wedges	Spanish Omelette with Chips and Homemade Tomato Sauce
23/03	Vegetables	Sliced Carrots & Peas	Red Cabbage Slaw & Sweetcorn	Cauliflower & Carrots	Sweetcorn & Broccoli	Peas &/or Baked Beans
Soll Agreeding	Dessert	Pinwheel Cookie	Jelly with Mandarins	Peaches & Ice Cream	Fairtrade Banana Loaf & Custard	Oaty Cookie with Fruity Friday
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# OUR LADY OF LOURDES CATHOLIC PRIMARY SCHOOL

# THE GREEN ROTTINGDEAN BRIGHTON BN2 7HA www.ourladyoflourdesprimaryschool.co.uk



November 2019

# Our Lady of Lourdes and St Margaret's Breakfast Club

Please be advised that we can only take children in breakfast club who are booked in. The reason for this is that additional children require more staffing. Therefore, we need to know in advance the numbers attending breakfast club.

We are aware that there may be occasions when there is a last minute need for breakfast club. In this case please may we ask that you contact Our Lady of Lourdes School Office on 01273 306980.

Please note the following:-

- The starting time for breakfast club is 7.40am, we can not accommodate an earlier start for any children without a prior written request.
- Breakfast is served from 7.55am until 8.20am.

Thank you

Mrs Anita Philbrook Acting Headteacher Our Lady of Lourdes

# OUR LADY OF LOURDES and St. MARGARET'S BREAKFAST CLUB APPLICATION

Breakfast Club starts at 7.40a.m. Children will be supervised, served with a healthy breakfast, provided with quiet activities and escorted to their classroom at 8.50a.m. The cost is £3.00 per day. To reserve a place, please complete the form below and hand it to the school office.					
Child's name					
Please reserve a place for my child at Breakfast Club on the following days for the term period - Monday 4 <sup>th</sup> Nov - Friday 20 <sup>th</sup> December 2019.  Monday Tuesday Wednesday Thursday Friday					
Dates:  I enclose payment for the term: (34 days) £102.00					
Sessions at £3.00 = £					
My child has the following food allergies:-					
Emergency Contact Telephone Number					
SignedParent/Carer					
<ul> <li>Please return to the school office a.s.a.p.</li> <li>Thank you - Please make cheques payable to Our Lady of Lourdes</li> <li>School or Cash Payments in a named envelope -please make payments in advance and not in arrears.</li> </ul>					
<ul> <li>Please complete this form even if you have already paid for this</li> </ul>					
<ul> <li>Term.</li> <li>Please remember the school car park can only be used for drop off</li> <li>before 8.15 am- please park safely and walk onto the school</li> </ul>					
grounds after this time					

Ofsted No. 114544

# PARENT COUNCIL MEETING

Monday, November 11, 2019 1.45 – 2.45pm The Arches

# **Agenda**

13:45	Welcome and apologies  Minutes of last meeting	E Briggs
13.50	Re-election of roles	E Briggs
14.00	Swimming	A Philbrook
14.10	Cost of school trips	A Philbrook
14:20	Time Out Policy	U Funnell
14:30	Parent attendance at events (Mondays/Fridays)	O Andrew
14.35	A.O.B  - Notice of school trips - Food allergies  Date of next meeting to be held on a Friday - TBC	ALL O Andrew H Thistlewaite







Dear Parents/Carers,

Do you have a child or young person at school in Brighton & Hove?

If you have any concerns about their Emotional Mental Health and Wellbeing you are invited to talk to a Primary Mental Health Worker from the Schools Wellbeing Service.

➤ Telephone consultations are available during the Half Term holidays on:

# 01273 293331

A Primary Mental Health Worker will be available between 10am -4pm.

- Monday 28th October
- Tuesday 29th October
- Wednesday 30th October
- Thursday 31st October
- Friday 1<sup>st</sup> November



Deans Sports Partnership Manager: Mr D Hambrook Email: dsp@woodingdean.brighton-hove.sch.uk Telephone: 01273 680811 Fax: 01273 607359

Dear Parent/Guardian,

October 2019.

### October Half term Multi-Sports for Years 1, 2, 3, 4, 5 and 6.

Date & time

Yours sincerely.

Signed

Monday October 28th and Tuesday October 29th

9.15am-3.00pm

Venue Cost St.Margarets Primary School, Rottingdean

£35 for both days (day rate of £20)

Programme - Children will have the opportunity to take part in various activities such as gymnastics, game activities such as football, basketball, netball, racket skills, rounders, cricket and other activities.

Other information - Children need to wear appropriate PE kit.

The activities take place inside and outside so children should be prepared for this, in the event of poor weather an indoor space is always available. They should also bring snacks, lunch & plenty to drink.

Staffing - All staff are police checked and qualified to work with young children.

Please note all children will be accepted onto the week so you will not receive a confirmation letter; turn up on the 28<sup>th</sup> at 9.15am. Return the slip and payment to your child's school office asap.

and the first of the second and the						
Mr.D.Hambrook						
Name	Year Group	School				
Telephone number	Emergency contact details					
Medical information						
Days attending Mon Tues Payr	ment for both days is £35; daily rate is f	E20.				
I enclose payment of £ (cash or cheque payable to 'Woodingdean Primary School')						



Saltdean Primary School



Printed

Our Lady of Lourdes Catholic Primary School



Parent/Guardian

Rudyard Kipling Primary School and Nursery



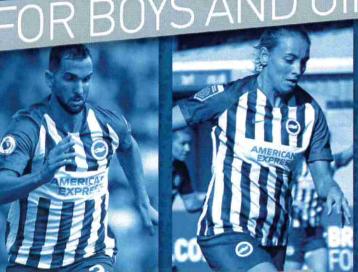
St. Margaret's CofE Primary School



Woodingdean Primary School



# ICAS COMMINITIES WELCOME







OCTOBER HALF TERM

Albion in the

AGES 7-19

# The Firs

Monday 28 October, 12 - 3pm Elphinstone Road, Hastings, TN34 2AX. (Sand-based Astro)

TOURNAMENTS >>>>

# **Eastbourne Sports Park**

Monday 28 October, 12.30 - 3.30pm. Cross Levels Way, Eastbourne, BN21 2UF. (3G)

# **Manor Gym**

Tuesday 29 October Ages 7-12: 11am - 1pm / Ages 12-18: 1.30 - 3.30pm. Manor Road, Whitehawk, Brighton, BN2 5EA. (3G - AstroTurf boots or moulded studs only)

# **Worthing Leisure Centre**

Wednesday 30 October 12 - 3pm. Shaftesbury Avenue, Worthing, BN12 4ET. (3G)

For more information, please call: 01273 878262 or email: premierleaguekicks@albioninthecommunity.org.uk









**Events** 





Book online to save 10% BritishAirwaysi360.com

News



# Pumpkins on the BA i360 pod

Take a flight in our giant pumpkin this Halloween and see our spooktacular display of decorated pumpkins onboard British Airways i360 Viewing Tower.

Carved by local school children and artists these Jack o Lanterns will be sure to entertain and delight your little ones, and hopefully give you plenty of inspiration for some family fun carving at home.

If you would like to enter our competition and see your pumpkin displayed at BA i360 simply carve at home and drop off to BA i360, Lower Kings Road, BN1 2LN by midday Wednesday 30th October. The competition features four age categories for ages 5–8, 9–11, 12–15 and over 16s, so the whole family can get involved. Each category will have two runners up prizes and one winner, these will be announced late afternoon on 30th October. The winning entrants will be invited to take a BA i360 flight on Halloween to see their design.

The winner of each category will receive four BA i360 annual passes that are worth up to £120, tow Upside Down House tickets and an enchanting limited edition Halloween t-shirt from our friends at The Kindness Co-op. Runners up each receive two Upside Down House tickets and two annual passes worth up to £60.

We're picking the best from the pumpkin patch to display on the BA i360 Pod, but after your flight make sure to admire all the runners up in the West Beach Bar & Kitchen while sipping a wicked hot chocolate.

'Pumpkins on the Pod' display will be available to all visitors booking BA i360 flights on 31st October - Friday 1st November. So carve out some time this half-term to come visit BA i360!



# The Pirate Cruncher at 450ft

Join us on Tuesday 29th October at 3:30pm for a storytime adventure like no other!

This half-term glide up to 450ft above the South Coast to hear an exclusive reading of The Pirate Cruncher from Bony Bill and Scurvy Sam before they set sail for their theatre performances at The Old Market in Hove.

Spot pirate ships and potential treasure spots out at sea as they recall the hilarious and exciting story of how a quest for treasure led them on an epic adventure.

Standard prices apply. Book online to save 10%.

**Book now** 



# **Rocket workshop**

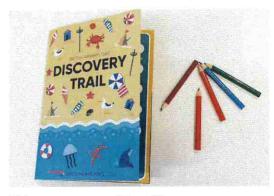
Sunday 27th and Monday 28th October

Join us for a rocket-building workshop with TV expert Jon London (Brainiac and Stargazing LIVE) in our beachside events space.

Learn about flight, create your perfect rocket then launch it from the beach!

PLUS! All Rocket workshop visitors can enjoy 20% off BA i360 flights.

**Find out more** 



# **Discovery Trail**

If you're joining us for a flight this half term, don't forget to pick up a free Discovery Trail activity booklet from a member of our Guest Experience team.

As you glide up to 450ft and enjoy spotting artwork on rooftops, windfarms on the horizon and seagulls swooping above the rolling Sussex coastline, complete our Discovery Trail booklet to learn fun facts about Brighton, answering questions and taking challenges along the way. It's the perfect way to keep the little ones entertained.



# Brighton Science festival is back

Friday 1st to Sunday 3rd November

Looking for some half term activities with an educational twist?

Bring your family to our beachside event space this half-term and be astonished, puzzled, pleased and stealthily educated by what you find.

The Pocket Science Funfair looks like a funfair – it IS a funfair, but each stall has a little science snuck into it.

PLUS! All Science fair visitors can enjoy 20% off BA i360 flights.

Find out more



## **Meet the Snowman**

Have you ever wanted to fly high among the clouds with The Snowman?

Now you can as The Snowman is coming to Brighton for a flight on the British Airways i360 pod!

Join us and Chestnut Tree House on Saturday 2nd November as we fly high above Brighton with The Snowman on our 10:30, 11:30, 12.30 and 13:30 flights.

Standard prices apply. Book online to save 10%

**Book now** 



# Fly with Santa Claus

Come on board our magically decorated giant Christmas bauble this festive period

Father Christmas and his Elves will be onboard the BA i360 Viewing Tower on selected flights throughout December to delight and entertain children of all ages.

Spend the flight searching for Rudolph flying past, or try and spot your chimney from 450ft. Once you've whispered your Christmas list in Santa's ear his Elves will hand you an exciting gift, not to open till the day itself!

Santa and his elves will be on select flights from Saturday 30th November to Tuesday 24th December 2019.

**Book now** 











# Meerkat Discovery Trail

Find the Meerkats between 1 October - 1 December 2019



Welcome to our Meerkat trail for young children and their families. Nine Meerkats are hiding around central Brighton. Can you find them?

To find out how to join in visit www.brighton-hove.gov.uk/meerkat-trail

**#Brightonmeerkats** 





# Family Activities A fun filled day at Chichester Cathedral



Wonderful World – Family Activities at Chichester Cathedral, PO19 1PX Friday 1 November 2019

10am - 3pm (last entry 2.30pm)

- Follow our themed Cathedral trail and collect your prize when you finish!
- Design and Make Creative Crafts

No need to book just drop in - £2.50 per child. Ages 3 – 11 – accompanied by an adult

Suitable for children aged 3 – 11 years, accompanied by an adult. For younger siblings under 3 years there is a carpeted area with toys.

Lunch offer: one child's meal for £1.50 when an adult spends a minimum of £5.50 in the Cloisters Café between 11.45am and 2.30pm, collect your voucher when you arrive.

Join us at the Cathedral for a fun packed family day.



Our Family Activity days are popular with parents, grandparents and carers looking for a place where everyone can come together and be creative.

### **Cathedral Trail**

The trail around the Cathedral is themed to each activity day, making it different each time. Children choose the trail that fits their age and ability to find different places and objects within the Cathedral before collecting a prize at the end.

### **Craft Activities**

The craft element of the day gives everyone the opportunity to get creative and use our resources to make something special to take home. If you're not a crafty adult don't worry, there are lots of helpers on hand to get you started and offer support during your visit. We look forward to welcoming you at one of our Family Activity days soon.

For further details contact Luna on 01243 812998 luna.russell@chichestercathedral.org.uk www.chichestercathedral.org.uk

NEXT FAMILY ACTIVITIES: - Friday 21 February 2020