



OUR LADY OF LOURDES
CATHOLIC PRIMARY SCHOOL

THE GREEN
ROTTINGDEAN
BRIGHTON BN2 7HA

www.ourladyoflourdesprimaryschool.co.uk



Monday 10th January 2022

Dear Parents and Carers

We are writing to inform you that we have new COVID-19 cases in Years 1 and 3.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with the UK Health Security Agency (UKHSA).

The setting remains open, and your child should continue to attend as normal if they remain well. All students and staff, regardless of year group, should remain vigilant regarding COVID-19. All parents are advised to continue with the routine twice weekly asymptomatic LFD COVID-19 testing of those aged 11 and above in the household.

What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19

The main symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia).

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test via [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk) or by calling 119 and **remain at home at least until the result is known**. If the test is positive, follow the self-isolation guidance from NHS Test and Trace and inform the **school/nursery** of the result.

More information on symptoms is available: <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19): [guidance on how to stay safe and help prevent the spread](#):

- Get vaccinated – everyone aged 12 and over are eligible – see [Coronavirus \(COVID-19\) vaccination - NHS \(www.nhs.uk\)](#) for more details and how to book.
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze and put used tissues in the bin immediately and wash your hands afterwards
- Meet people outside and avoid crowded areas
- Open doors and windows to let in fresh air if meeting people inside
- Wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places

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- Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

Yours sincerely

Headteacher