



SPARK

Newsletter February 2023

Springing towards spring! ❤️❤️



February is all about love. With Valentine's day on the 14th, random acts of kindness day on the 17th and love your pet day on the 20th, love really will be in the air.

We will also enjoy pancakes on Shrove Tuesday (21st February) to start the period of Lent and the countdown to Easter.

We always try to love and look after each other here all year round but, we will be reiterating this idea during February and March and our 'Something Special For Someone Special' week will commence on the 13th March.

Read on to see what we've been up to since returning in 2023.

Welcome to the 3rd Spark newsletter. January has finally come to an end. Although it's a long - and somewhat boring - month for most, we've been having lots of fun here at OLOL.

Reception Goldilocks?



It has been a busy time in Reception. We came back from the Christmas holidays to find a sleeping bag in our classroom! On the following days, we found paw prints, a bowl of half eaten porridge and some toast and honey with bite marks in.



We have been learning about porridge and where oats come from. One child suggested Sainsbury's! We have also looked at how the oats change when we add liquid and again when we heat it up. I think the children will agree the best part was tasting porridge and trying different toppings to see how it changed the taste.



We learnt that in some households, elders give out envelopes containing money to children. Every child in Reception and Year 2 were lucky enough to receive a red envelope with money inside. We would like to say a very HUGE thank you to the Lai family for their incredible generosity. The children tasted noodles and tried using chopsticks. They practised writing Chinese numbers and letters.

Miss Anscombe

We have also been learning about the Lunar New Year, the year of the rabbit. Lunar New Year is one of the most important celebrations of the year among East and Southeast Asian cultures, including Chinese, Vietnamese and Korean communities, among others.



Year 1 **STITCH**



At the start of the new term, Year 1 were busy enjoying their DT unit of work, sewing bunting flags. We evaluated different designs, designed our own flag, practised our cutting and running stitch skills and used different materials to decorate our bunting flag with. All the children worked really hard and enjoyed developing their sewing skills, which I was super impressed with!

Miss Cordell



Year 2 *A bug's life...*

Our topic for Science in Year 2 this half term is 'Living things and their habitats'. The children have been exploring the difference between habitats and microhabitats and to consolidate this we decided to make some bug hotels. We undertook investigations to establish what we would need, how we would construct them and for what creatures they would be best for.



Year 2, as always, gave it their all and had a fantastic morning building their bug hotels. We were lucky enough to have Mr Hill with us who supervised and supported the children in using different tools to modify the different parts of their hotels. A big thank you is also needed to for the Year 2 adults, who made sure that all the children had enough recyclable materials to complete their structures.

Miss Hamilton



Year 3 *What a journey!*

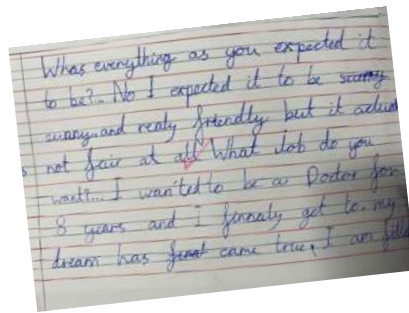
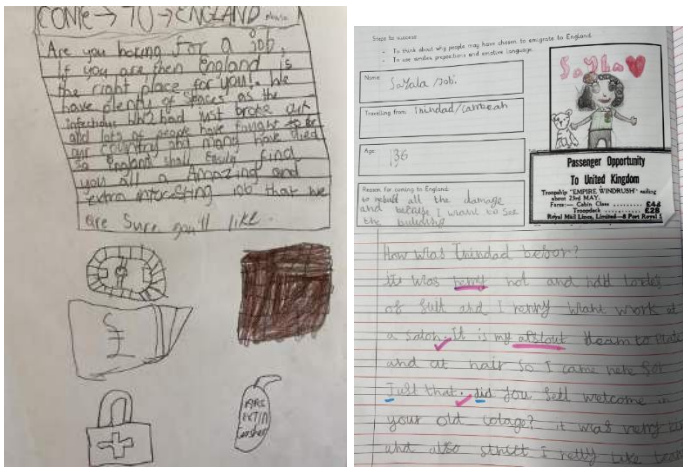
This term in Year 3, we have been really focusing on improving our writing in English. The whole Year 3 team have been so impressed with the children's hard work on our current book 'Coming to England' by Floella Benjamin. We have written diary entries and interviews from the perspective of different people who made the journey to England on the Empire Windrush, as well as acting out different scenes from the book,



imagining how it would have felt to make such a journey!

As well as doing some amazing writing with impressive vocabulary in English, we have also made links from this book with our Geography work, creating and reading maps from around the world, well done year 3!

Miss Turner - Yr3 teacher & Geography and eco lead



Year 5 It must be a full moon...

As part of our work on the book *The Wolf Wilder*, Year 5 have been working on improving their observational skills and creating pencil sketches of wolves. We think that they have turned out pretty well!

Mrs Philbrooks



Year 5 A LOAD OF HOT AIR

As part of their forces topic, Year 5 were investigating how to make the most effective parachute. Some groups tested parachutes made of different materials, while others tested the size of the parachute. We found that the lightest material was most effective and that the bigger the parachute, the more air resistance it had and the slower the descent.

Mrs Philbrooks



Year 5 **RUSSIA**

Mrs McAteer gave the Year 5s a talk about Russia. She showed them the alphabet, talked about the history, the culture, artefacts and they even got to sample a traditional food called Pryanik.



Our City Our World

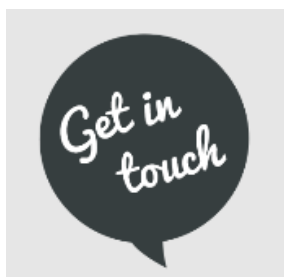


At Our Lady of Lourdes both staff and pupils care greatly about the world around us and our environment. This is why as a school we have signed up to be a part of the 'Our City Our World' Project. The Our City, Our World programme will enable schools, individuals and communities to learn effectively about sustainability, climate change and the environment and to develop skills and understanding about how to address local and global challenges. As part of this initiative we will be working on ways to make our curriculum 'greener' and will be introducing a new eco-award in our celebration assemblies! Watch this space!"



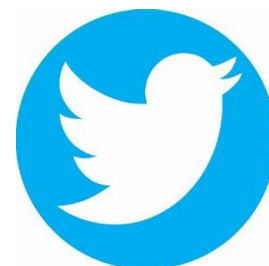
Their Website: <https://www.ourcityourworld.co.uk/>

Miss Turner - Yr3 teacher & Geography and eco lead



If you have any comments about the newsletter or any ideas for the next one, please email us at michellericetti@lourdes.brighton-hove.sch.uk

Remember to follow our new Twitter account
@OLOLRottingdean





PE & Sports

SPRING 1 SPORTS UPDATE

Many of our wonderful children have been participating in different sporting events again this half term.

We've had our next set of ACE Sports Partnership events, which saw the children taking part in hockey competitions and festivals.

We started with our KS2 children participating in a hockey festival. I know the children thoroughly enjoyed their time, taking part in lots of different hockey activities and mini games. These festivals are a fantastic way for our children to build up their confidence and knowledge of the game.

Our wonderful year 6 children participated next and, as always, played exceptionally well, working brilliantly as a team, supporting and encouraging each other. They were announced winners of their competition!



Next were our year 3/4 team, who showed extraordinary team spirit, really putting into place the skills they have learnt in PE lessons and at the festival. They placed 3rd at their competition.



Finally, it was the turn of our year 5 team, who were under pressure to perform given our reputation at these competitions and they did not disappoint! They were also winners of their event! Both teams played exceptionally well, winning almost every game. Their communication and teamwork with each other was phenomenal and, most importantly, they did all the above with huge smiles on their faces.



Well done to every single child who has participated in competitions and festivals this half term. You all make us so proud...how lucky we are to have you as part of our school family.

Following all of that, here are the end of term standings from the Hockey and Cricket tournaments.....

ACE SPORTS PARTNERSHIP

STANDINGS AFTER CRICKET & HOCKEY EVENTS



YEAR 4

POS	SCHOOL TEAM	PTS
01.	Rudyard	3
02.	Saltdean	2
03.	OLOL	1

YEAR 5

POS	SCHOOL TEAM	PTS
01.	OLOL	6
02.	Saltdean	3
03.	Rudyard	3

YEAR 6

POS	SCHOOL TEAM	PTS
01.	OLOL	6
02.	Rudyard	3
03.	Saltdean	3

OVERALL

POS	SCHOOL TEAM	PTS
01.	OLOL	13
02.	Rudyard	9
03.	Saltdean	8



WIN	3 POINTS
2ND	2 POINTS
3RD	1 POINTS

SWIMMING

Year 4 swimming starts Friday 21st April and runs for 6 weeks, until Friday 26th May. Please check the previous Pings for more information on this.

CLUBS SPRING TERM 2

All clubs will continue to run again after the half term.

KS2 boys' and girls' football club run by Mr Hoad.

KS1 athletics club run by Dan Wescott

KS1 multi-skills club run by SportsCool

If you'd like to sign your child up to the KS2 football clubs, please email the school sports email sports@lourdes.brighton-hove.sch.uk For the KS1 clubs, please see the attached leaflet.

Thank you to you all for your continued help and support with all sporting events.

Mrs Golawska

YR 6 MENTORING- ADDITIONAL PE GROUP

The time I have with the Yr 6 mentors and the children in the group is so much fun. This term the Yr 6's have really showed their leadership skills, they discuss as a team all their ideas and come up with a plan for their session, which again as a team is delivered with confidence. Following on from last term the children who are part of the group have fully understood the routine and have been enjoying new games which have involved jeopardy and elimination as we progress into winning and losing type games.



Our new topic for the next few weeks is our local community, we have used the fantastic google maps to virtually walk around the village. The children have been discussing and deciding the good, bad and areas of the community they would like to improve to make it a more inviting place for children of their age. Once we have finalised our improvements, which the overwhelming majority of ideas was how it could be made safer, we will be sending a letter to our local MP to see if our ideas could become reality.
Dan Wescott



YR 6 YOUNG LEADERS

This term we have finished our leadership topic which culminated in a legendary challenge called stepping stones – this involved a group of 4, who had to get from one side of the hall to another, only using the stepping stones to stand on. Sounds easy....but this was made trickier with 1 of the group blindfolded and 1 who couldn't talk, along with me lurking around taking away the stepping stones as soon as it wasn't being stood on.



Please see below some information regarding sports clubs, half term fun and bike training.



EDUCATE MOTIVATE
PARTICIPATE



PERSONNEL
CHECKS

R+KS1 Multi-Sports CLUB

Alternate sports include dodgeball, kurling, tri-golf and ultimate frisbee

AT OUR LADY OF LOURDES PRIMARY SCHOOL

Club runs on FRIDAY from 3.15pm – 4.15pm on:

24th February – 31st March

This club is open to children of Years R, 1 - 2. The club will take place indoors/outdoors, so please wear appropriate footwear and clothing.

6 weeks of fun for just £30!

This course has a limited number of spaces allocated on a first come, first served basis.

SPORTSCOOL BIRTHDAY PARTIES

SportsCool also offer bespoke birthday party packages with the choice of:

- 2 fully qualified and enhanced CRB/DBS checked staff
- Football, multi sports, olympics, dodgeball, plus a range of others!
- A trophy for the birthday boy/girl
- And the most important thing, fun for everyone!

SPORTSCOOL HOLIDAY CLUBS

SportsCool will be running several amazing holiday clubs at venues near you!

Keep an eye out for our holiday leaflets which will be delivered to your child at school.

Please visit  @sportscoolbrighton for discounts, promotions and more information on our venues, dates and times!

Book by going to www.sportscool.org and choosing your location.

For further information contact STEVE SIMMONDS on 07710 506598

To book on to one of our courses, follow the simple steps below!

1. Please visit <https://sportscoolbrighton.schoolipal.co.uk/>
2. Click on AFTER SCHOOL CLUB, this will take you to our booking system.
3. Log in to your account (first time users will need to register and provide the required details).
4. Select the School, followed by the club you wish to book for.
5. Select which child/ren you wish to attend.
6. Follow the payment process.
7. Once paid you will be fully booked onto the course.



We look forward to seeing you!



@SSCBrighton



SSCBrighton Ltd



SportsCool are responsible for the safety and care of your child and are insured for all risks. However, SportsCool does not accept responsibility for loss or damage to your child's property. All SportsCool coaches have enhanced DBS clearance.

WWW.SPORTSCOOL.ORG



CLUBS 2023/24

JANUARY 2023 - MARCH 2024

GYMNASTICS

Our gymnastic sessions run throughout the week and are for school years **Reception to Year 6**. We offer a **£7.00 taster session** for first timers, the usual cost is **£74.00** for a 12 week course, split into two payments dates of **£37.00**

£78.00 for a 12 week course (two x payments of £39.00) from April 2023

Mondays: 16.00-17.00 & 17.00-18.00

Thursdays: 16.00-17.00 & 17.00-18.00

Fridays: 16.00-17.00 & 17.00-18.00

Saturdays: 09.00-10.00, 10.00-11.00 & 11.00-12.00

BADMINTON

Our badminton sessions are for school years **3, 4, 5 & 6**. We offer a **£7.00 taster session** for first timers, the usual cost is **£64.00** for a 12 week course, split into two payments dates of **£32.00**

£68.00 for a 12 week course (two x payments of £34.00) from April 2023

Tuesdays: 16.00-17.00 & 17.00-18.00

FOR MORE INFORMATION OR TO BOOK YOUR CHILD/CHILDREN ON TO OUR CLUBS PLEASE CONTACT US ON...

longhillsportscentrestaff@longhill.org.uk or 01273 391 683

Falmer Road, Rottingdean, BN2 7FR

www.longhillsportscentre.co.uk

FEBRUARY HALF TERM MULTI SPORTS CAMP

**SPORTS
COOL!**

**15th, 16th and 17th FEBRUARY
FOR CHILDREN AGED 4-12 YEARS**

**£15 PER
DAY**

**£36 FOR 3
DAYS**

**SIBLING
DISCOUNT
AVAILABLE**

**LONGHILL SPORTS CENTRE
ROTTINGDEAN, BN2 7FR
08:30-15:30**



steve.s@sportscool.org / 07710 506598



Family Cycling

How does the training work?

All sessions will be delivered by qualified National Standards Instructors who ensure that the training will meet the needs of each family.

The training is delivered in 2 sessions at a time to suit your family.

Session one is held in a non-traffic environment and is a training assessment, practice moving groups, bike control and progression towards on-road training if ready – approximately 1 hour.

Session two is held on road and working towards a planned journey for the family, self-assessment, mentoring – approximately 2 hours



What is included

All sessions are available for up to 6 people from the same family and **MUST** include 1 under 18 and 1 adult.

Riders **MUST**:

- Be able to ride independently (start, stop, pedal, slow down)
- Provide their own roadworthy bike (must have working brakes and no stabilisers)
- Helmet (optional)

How to book or if you have any further questions?

Email: east.central@brighton-hove.gov.uk

Telephone: 01273 293847

