



PE & Sports

SPRING 1 SPORTS UPDATE

Many of our wonderful children have been participating in different sporting events again this half term.

We've had our next set of ACE Sports Partnership events, which saw the children taking part in hockey competitions and festivals.

We started with our KS2 children participating in a hockey festival. I know the children thoroughly enjoyed their time, taking part in lots of different hockey activities and mini games. These festivals are a fantastic way for our children to build up their confidence and knowledge of the game.

Our wonderful year 6 children participated next and, as always, played exceptionally well, working brilliantly as a team, supporting and encouraging each other. They were announced winners of their competition!



Next were our year 3/4 team, who showed extraordinary team spirit, really putting into place the skills they have learnt in PE lessons and at the festival. They placed 3rd at their competition.



Finally, it was the turn of our year 5 team, who were under pressure to perform given our reputation at these competitions and they did not disappoint! They were also winners of their event! Both teams played exceptionally well, winning almost every game. Their communication and teamwork with each other was phenomenal and, most importantly, they did all the above with huge smiles on their faces.



Well done to every single child who has participated in competitions and festivals this half term. You all make us so proud...how lucky we are to have you as part of our school family.

Following all of that, here are the end of term standings from the Hockey and Cricket tournaments.....



ACE SPORTS PARTNERSHIP STANDINGS AFTER CRICKET & HOCKEY EVENTS

YEAR 4

POS	SCHOOL TEAM	PTS
01.	Rudyard	3
02.	Saltdean	2
03.	OLOL	1

YEAR 5

POS	SCHOOL TEAM	PTS
01.	OLOL	6
02.	Saltdean	3
03.	Rudyard	3

YEAR 6

POS	SCHOOL TEAM	PTS
01.	OLOL	6
02.	Rudyard	3
03.	Saltdean	3

OVERALL

POS	SCHOOL TEAM	PTS
01.	OLOL	13
02.	Rudyard	9
03.	Saltdean	8



WIN	3 POINTS
2ND	2 POINTS
3RD	1 POINTS

SWIMMING

Year 4 swimming starts Friday 21st April and runs for 6 weeks, until Friday 26th May. Please check the previous Pings for more information on this.

CLUBS SPRING TERM 2

All clubs will continue to run again after the half term.

KS2 boys' and girls' football club run by Mr Hoad.

KS1 athletics club run by Dan Wescott

KS1 multi-skills club run by SportsCool

If you'd like to sign your child up to the KS2 football clubs, please email the school sports email sports@lourdes.brighton-hove.sch.uk For the KS1 clubs, please see the attached leaflet.

Thank you to you all for your continued help and support with all sporting events.

Mrs Golawska

YR 6 MENTORING- ADDITIONAL PE GROUP

The time I have with the Yr 6 mentors and the children in the group is so much fun. This term the Yr 6's have really showed their leadership skills, they discuss as a team all their ideas and come up with a plan for their session, which again as a team is delivered with confidence. Following on from last term the children who are part of the group have fully understood the routine and have been enjoying new games which have involved jeopardy and elimination as we progress into winning and losing type games.



Our new topic for the next few weeks is our local community, we have used the fantastic google maps to virtually walk around the village. The children have been discussing and deciding the good, bad and areas of the community they would like to improve to make it a more inviting place for children of their age. Once we have finalised our improvements, which the overwhelming majority of ideas was how it could be made safer, we will be sending a letter to our local MP to see if our ideas could become reality.
Dan Wescott



YR 6 YOUNG LEADERS

This term we have finished our leadership topic which culminated in a legendary challenge called stepping stones – this involved a group of 4, who had to get from one side of the hall to another, only using the stepping stones to stand on. Sounds easy....but this was made trickier with 1 of the group blindfolded and 1 who couldn't talk, along with me lurking around taking away the stepping stones as soon as it wasn't being stood on.



Please see below some information regarding sports clubs, half term fun and bike training.



EDUCATE MOTIVATE
PARTICIPATE



PERSONNEL
CHECKS

R+KS1 Multi-Sports CLUB

Alternate sports include dodgeball, kurling, tri-golf and ultimate frisbee

AT OUR LADY OF LOURDES PRIMARY SCHOOL

Club runs on FRIDAY from 3.15pm – 4.15pm on:

24th February – 31st March

This club is open to children of Years R, 1 - 2. The club will take place indoors/outdoors, so please wear appropriate footwear and clothing.

6 weeks of fun for just £30!

This course has a limited number of spaces allocated on a first come, first served basis.

SPORTSCOOL BIRTHDAY PARTIES

SportsCool also offer bespoke birthday party packages with the choice of:

- 2 fully qualified and enhanced CRB/DBS checked staff
- Football, multi sports, olympics, dodgeball, plus a range of others!
- A trophy for the birthday boy/girl
- And the most important thing, fun for everyone!

SPORTSCOOL HOLIDAY CLUBS

SportsCool will be running several amazing holiday clubs at venues near you!

Keep an eye out for our holiday leaflets which will be delivered to your child at school.

Please visit  @sportscoolbrighton for discounts, promotions and more information on our venues, dates and times!

Book by going to www.sportscool.org and choosing your location.

For further information contact STEVE SIMMONDS on 07710 506598

To book on to one of our courses, follow the simple steps below!

1. Please visit <https://sportscoolbrighton.schoolipal.co.uk/>
2. Click on AFTER SCHOOL CLUB, this will take you to our booking system.
3. Log in to your account (first time users will need to register and provide the required details).
4. Select the School, followed by the club you wish to book for.
5. Select which child/ren you wish to attend.
6. Follow the payment process.
7. Once paid you will be fully booked onto the course.



We look forward to seeing you!



@SSCBrighton



SSCBrighton Ltd



SportsCool are responsible for the safety and care of your child and are insured for all risks. However, SportsCool does not accept responsibility for loss or damage to your child's property. All SportsCool coaches have enhanced DBS clearance.

WWW.SPORTSCOOL.ORG



CLUBS 2023/24

JANUARY 2023 - MARCH 2024

GYMNASTICS

Our gymnastic sessions run throughout the week and are for school years **Reception to Year 6**. We offer a **£7.00 taster session** for first timers, the usual cost is **£74.00** for a 12 week course, split into two payments dates of **£37.00**

£78.00 for a 12 week course (two x payments of £39.00) from April 2023

Mondays: 16.00-17.00 & 17.00-18.00

Thursdays: 16.00-17.00 & 17.00-18.00

Fridays: 16.00-17.00 & 17.00-18.00

Saturdays: 09.00-10.00, 10.00-11.00 & 11.00-12.00

BADMINTON

Our badminton sessions are for school years **3, 4, 5 & 6**. We offer a **£7.00 taster session** for first timers, the usual cost is **£64.00** for a 12 week course, split into two payments dates of **£32.00**

£68.00 for a 12 week course (two x payments of £34.00) from April 2023

Tuesdays: 16.00-17.00 & 17.00-18.00

FOR MORE INFORMATION OR TO BOOK YOUR CHILD/CHILDREN ON TO OUR CLUBS PLEASE CONTACT US ON...

longhillsportscentrestaff@longhill.org.uk or 01273 391 683

Falmer Road, Rottingdean, BN2 7FR

www.longhillsportscentre.co.uk

FEBRUARY HALF TERM MULTI SPORTS CAMP

**SPORTS
COOL!**

**15th, 16th and 17th FEBRUARY
FOR CHILDREN AGED 4-12 YEARS**

**£15 PER
DAY**

**£36 FOR 3
DAYS**

**SIBLING
DISCOUNT
AVAILABLE**

**LONGHILL SPORTS CENTRE
ROTTINGDEAN, BN2 7FR
08:30-15:30**



steve.s@sportscool.org / 07710 506598



Family Cycling

How does the training work?

All sessions will be delivered by qualified National Standards Instructors who ensure that the training will meet the needs of each family.

The training is delivered in 2 sessions at a time to suit your family.

Session one is held in a non-traffic environment and is a training assessment, practice moving groups, bike control and progression towards on-road training if ready – approximately 1 hour.

Session two is held on road and working towards a planned journey for the family, self-assessment, mentoring – approximately 2 hours



What is included

All sessions are available for up to 6 people from the same family and **MUST** include 1 under 18 and 1 adult.

Riders **MUST**:

- Be able to ride independently (start, stop, pedal, slow down)
- Provide their own roadworthy bike (must have working brakes and no stabilisers)
- Helmet (optional)

How to book or if you have any further questions?

Email: east.central@brighton-hove.gov.uk

Telephone: 01273 293847

